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#### Jeffco to Hold a Second Public Meeting About Valley Parkway Improvements

Jefferson County Transportation & Engineering finished soliciting public input on future improvements of Valley Parkway from South Valley Road to Ken Caryl Avenue. Valley Parkway will be repaved during the summer of 2022. Due to the number of resident concerns along this roadway, the county is hosting two public meetings to solicit input on improvements such

as crossings, intersections and general transportation operations. The first meeting was in July, and the next meeting will be held online on Oct. 13 at 6 p.m. For more information, please visit https://www.jeffco.us/2850/Public-Improvement-Projects



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Ken-Caryl

#### Master Association Board Draft Budget

By Victoria DeSair, KCRMA Executive Director

The Ken-Caryl Ranch Master Association Board reviewed a draft of the 2022 Budget at its Sept. 21 meeting. The board gave further direction to staff on budget items for 2022 and is considering a dues increase to cover increased expenses in 2022. A revised draft budget based on the board's initial feedback will be posted online no later than Oct. 15 at www.ken-carylranch.org under the About Us tab, then Financials.

Some proposed operating cost highlights in 2022 include:

- Trash/Recycling Contract Increase
- Water Utility Rate Increase
- Drainage Repairs
- Irrigation System Repairs
- Insurance Expense Increase
- · Cost of Living Adjustments for Staff
- Special Events Budget Increase
- · Addition of Part-Time HR Staff
- Facility Maintenance Expense Increase In addition to these operational expenditures, the Master Association Board

expenditures, the Master Association Board is considering, but has not yet committed to, funding the following projects in 2022:

- Shade Structures at Ranch House Pool and Park
- Shade Structures at Brannon Gearhart Park
- Shade Umbrella at Bradford Pool
- Additional Wildlife Surveys for Wildcat

Ridge

- Open Space/ Development Interface Hazardous Wildfire Fuels Assessment
- Bearproof Food Lockers for Campsites
- Median Enhancement
- Enhancement
   Security Cameras & Lights at Parks
- Disease & Hazard Tree Monitoring in Open Space
- Christmas Tree Sustainability Plan
- Asbestos Pipe Removal
- Operational Consultant

The Master Association Board will further discuss the 2022 budget at its Oct. 19 Board meeting at 6 p.m. at the Ranch House and via Zoom. The Board is planning to adopt the budget on Nov. 16. If you have any questions or comments about the draft budget, contact Executive Director Victoria DeSair at victoriad@kcranch.org.

The Metropolitan District is also in the process of drafting its 2022 budget. The Metropolitan District will begin its budget process and open the first public meeting at the Oct. 26 Metropolitan District Board meeting at 6 p.m. at the Ranch House or via Zoom. For questions or comments about the Metropolitan District's budget, contact Traci Wieland at traciw@kcranch.org.

#### October All meetings will be held at the Ranch House unless otherwise noted.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
3	4	5	6	7 10:15 a.m. Story Time	8	9
10	6:30 p.m. Community Planning Committee	6 p.m. Open Space Committee Dakota Lodge *See agenda for details	6 p.m. County Meeting About Valley Parkway Online	7:30 a.m. Architectural Committee 10:15 a.m. Story Time	IS	16
17	5:30 p.m. New Playground Community Input Meeting Community Center	6 p.m. MA Board Meeting	4:30 p.m. Covenant Control Committee	10:15 a.m. Story Time	5:30 p.m. Halloween Boo Bash	23
24	5:30 p.m. New Playground Community Input Meeting Ranch House	6 p.m. MD Board Meeting	27	7:30 a.m. Architectural Committee 10:15 a.m. Story Time	29	30

\* Information regarding audio and video conferencing options for public meetings will be communicated as it becomes available. See website at www.ken-carylranch.org for details.

#### Our Community

#### Seeking Input on New Playgrounds

The Master Association and Metropolitan District have three playground replacements planned for 2022. North Ranch Park, Brannon Gearhart Park and Territory Park are all getting new playground equipment! Staff wants to make sure the right equipment is purchased to meet community needs and desires, so we are holding community open houses to gather input. Are you hoping for something in particular to be added to one of these playgrounds? Then this is the time to provide your feedback! As these structures are designed for kiddos, be sure to bring them too!

- North Ranch and Brannon Gearhart: Monday, Oct. 18 from 5:30 – 7:30 p.m. at the Community Center, 1 Club Drive
- Territory Park: Monday, Oct. 25, Ranch House Bradford Room 5:30 – 7:30 p.m.

These meetings will be open-house style, so residents can come and go any time throughout the two-hour block. There will not be a formal presentation, but staff will be on hand to answer questions and gather feedback. There will also be an opportunity online after the open houses to submit

2

comments. If you have any questions, please contact Master Association Executive Director Victoria DeSair at victoriad@kcranch. org or Metropolitan District Manager Traci Wieland at traciw@kcranch.org.





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#### ISSN 0899-6318

Life at Ken-Caryl is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl and the editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors

NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees. directors, management, or the community as a

DEADLINE: All articles, advertisements and letters to the editor must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date. The deadline date is sometimes early due to holiday schedules. Deadline dates are published at www.ken-carylranch.org under Community & News, then Newspaper: Life at Ken-Caryl.

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..303-979-1876 Ranch House Community Center ...... ...303-979-2233

Education . .303-979-1876, ext. 469

Contact information for the Master Association and Metropolitan District Board members is available at

www.ken-carylranch.org under the Administration tab

www.ken-carylranch.org www.facebook.com/ken-carylranch

#### Community

By Brian Yowell, Community Administrator

Hello Ken-Caryl Ranch!

Covenant Clips

Although the main purpose of the Covenant Clips column is to educate, inform and talk about current topics that are affecting our neighborhood, I don't want you all to think that all I do is tell you what you can't do, how things must be done and what you're doing wrong. That's what our parents and siblings are for!

With that said, I wanted to take this opportunity to express my gratitude and remind everyone of what a great community we live in.

I know that a community isn't made up of a bunch of people who share the same thoughts and opinions, look at everything the same way, or even believe the same things. A community, our community, is made up of individuals from varied backgrounds who have had different experiences in life, come from all over the United States, and the world, and have their own opinions as it relates to, well, everything. And, although these differences can sometimes cause tension, raise questions, or provoke deeper conversations, you know you are one of the lucky ones who are a part of a true community. A unique community where we are able to put our differences aside and look out for each other, protect each other, lend a helping hand when one is needed and be there for one another in times of happiness, times of sadness and in times of conflict.

So, thank you. Thank you for keeping an eye out for your neighbors, for picking up that piece of trash when you're out walking on our amazing greenbelts and trails, for looking for lost puppies and slowing down for deer. Thank you for coming together when one of us needs that little extra helping of understanding, love and support. Thank you for all the wonderful things that happen in Ken-Caryl each and every day and for being a part of this community.

I'm proud to be one of the lucky ones. A member of an amazing community -Ken-Caryl Ranch.

Thank you, Ken-Caryl! At your service,

**Brian Yowell** 

#### Picture This!

#### **Lovely Ladies**

Resident Stephanie Silvanage 'captured' these two lovely ladies resting in her neighbor's yard.







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Resident Dr. Kaitlin Vellore knows firsthand the value of donating blood, not only as a physician, but as a recipient herself. Following the birth of her first child, Devin, Kaitlin received blood donations in the hospital that saved her life. As a result, Kaitlin and her family are paying it forward by supporting a Blood Drive in honor of their son's birthday. Devin's 4th Birthday Blood Drive will take place, Saturday, Oct. 23 from 9 a.m. - 1 p.m. in the Shaffer Room at the Ranch House.

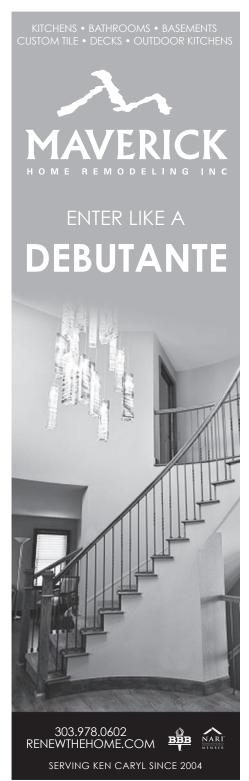
"Our angel was born and his mom's life was saved by blood donations," said Kaitlin. "Help us celebrate and save another life!"

All participants must be scheduled. Sign up at donors.vitalant.org as a guest and use site code 00437. Please call or email Kaitlin Vellore if you have any questions at kaitlin.vellore@gmail.com, or 914-473-9257.

For more on Kaitlin's story, visit: http:// cowyredcrossblog.org/paying-it-forward/.



**Devin Vellore** 



#### Our Community

#### Living with Bears at Ken-Caryl Ranch

By Sean Warren, Open Space Manager

Bear sightings in Ken-Caryl Ranch are common, both in the open space and in our neighborhoods. Encountering bears should be expected any time of the year, but they are definitely more conspicuous in the spring, late-summer and fall. Being large animals, they eat a lot and they eat just about anything, which is why the potential for a bear to visit your property is pretty good, especially if you are inadvertently attracting them with food sources.



In the fall, as bears are building up energy reserves to survive the winter, they will consume 18,000-20,000 calories per day for several weeks. To achieve this daily caloric intake, they would have to eat from wild food sources for nearly 20 hours. It's much easier to take a few minutes to consume the contents of a bird feeder, which can contain as much as 12,000 calories of nutrition. At Ken-Caryl Ranch, the majority of bear incidents at properties involves either bears rummaging through trash totes or going after bird feeders.

Studies show that often the first reward a bear gets for exploring human places is a big meal of tasty, nutritious seeds (a natural food for bears). Hummingbird feeders are also a huge caloric reward! Letting your bird feeders turn into bear feeders teaches bears that coming close to people and homes looking for food is a good idea. For bears, that can end up being a deadly lesson.

Wildlife experts recommend not feeding birds during the months when bears are active. Instead, use water features, plantings, nest boxes and flowers to attract birds. Use bird feeders only when bears are hibernating. If you don't want to stop feeding birds, hang your feeders at least 10 feet off the ground and 10 feet away from anything bears can climb. Keep the area underneath feeders clean and free of bird seed and hulls, or switch to a hulled bird seed with no waste.

Never store bird seed outside, under your deck, or in a garage or shed that a bear could break into. A 50-pound bag of bird seed has over 87,000 calories—a reward for the bear that is well worth the effort of breaking in.

Other attractants that require your attention include:

- Place secured garbage cans outside for pick-up in the morning only. Recycling bins are also an attractant, even if you are cleaning the items you put in it. Don't forget to lock up these bins and totes the rest of the week!
- Burn food off barbeque grills and clean after each use.
- Clean garbage cans with ammonia to discourage bears and other wildlife.
- Don't leave food, trash, coolers, air fresheners, or anything that smells in your vehicle.
- Lock bear-accessible doors and windows in the house, garage and car at night.
- · Remove any ripened fruit that has fallen to the ground on your property. Bears are good climbers, so consider removing ripened fruit still on the branch.

Bears that get too comfortable around people can destroy property, or even become a threat to human safety. Habituated bears must often be destroyed. Please don't let bears die needlessly. Do your part to bear-proof your home and property and help keep bears alive and wild. Remember, a fed bear is a dead bear.

#### **Black Bears at a Glance**

- Black is a species, not a color. In Colorado, many black bears are blonde, cinnamon, or
- With their bulky fur coats, bears can look bigger than they are. Males average 275 lbs. and females average 175 lbs.
- Over 90 percent of a bear's natural diet is grasses, berries, fruits, nuts and plants. The rest is primarily insects and scavenged carcasses. At Ken-Caryl Ranch, acorns produced by the Gambel oak that covers the foothill slopes of our open space is a favorite food of bears. This time of year, it is common to see shattered acorn shells in bear scat.
- Black bears are very wary of people and other unfamiliar things. Their normal response to any perceived danger is to run away or climb a tree.
- Most Colorado bears are active from mid-March through early November. When food sources dwindle, they head for winter dens.
- With a nose that's 100 times more sensitive than ours, a bear can literally smell food five miles away.
- Bears are very smart, and have great memories once they find food, they come back
- During late summer and early fall, bears need 20,000 calories a day to gain enough fat to survive the winter without eating or drinking.
- Bears are not naturally nocturnal, but sometimes travel at night in hopes of avoiding

Note: Most of the information in this article is provided by the Colorado Division of Wildlife.



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#### **Spreading Awareness of Child Safety**

Submitted by Laurie Walterslangey, Resident

This Halloween, residents are reminded to help raise awareness for child poisoning from cannabis candies. While Halloween is a safe way for children to enjoy candy, this holiday reminds us of the fact that many edibles may be mistaken as candy. Spread awareness and help promote education by using your phone's camera to scan the QR code in the middle of the accompanying graphic. Then click the link on your phone that will bring you to a page that contains valuable information on the dangers of cannabis candies for children and how to seek help after accidental ingestion.

Enjoy a fun and safe Halloween, Ken-Caryl!





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(&) Life at Ken-Caryl



# Fitness Center Open House, Nov. 6!

Join us for this year's Ken-Caryl Ranch Fitness Center Open House, Nov. 6 from 9 a.m. – 12 p.m. at the Community Center! Meet our incredible instructors, try a free class, enjoy light snacks, giveaways, music, and demos, and discover how you can meet your health and wellness goals!

Our fitness facility was remodeled five years ago and features exceptional state-

of-the-art equipment, designed to meet all your wellness needs. We invite you to enjoy the benefits of our 1,600 square foot gym and resistance area that includes an assortment of equipment, including barbells, dumbbells, a Smith leg machine, CYBEX BRAVO functional training system cable machine, TRX stabilization straps and nine CYBEX Eagle fixed machines that are scientifically designed to be gentle on the joints and great for all fitness levels.

If cardio is more your style, check out

our variety of cardio equipment, including six treadmills, two Espresso bikes, a recumbent bike, an upright bike, a lateral trainer, two ARC trainers, two Elliptical trainers and a rowing machine!

If you prefer to get your workout on in a group atmosphere, try out one of our fun fitness classes! We have classes to meet all fitness levels and tastes with 14 group fitness classes per week! For those wanting to tap into their inner "zen", we offer Yoga and Pilates and for those that

want to get their dance on, check out Zumba classes! If you're looking for more of a challenge, try out HIIT, spin or kickboxing workouts, and for seniors, enjoy our classes such as Boomer Fitness - designed just for you!

Not only is the equipment top-notch, but the cost to become a member is very reasonable. A Premier Membership, which includes access to the gym as well as all non fee-based classes, is \$441 per year for an adult. This translates to \$36.75 per month, or \$1.22 per day! This is a small price to pay when it comes to your health!

We would love to show you our amazing facility and help you on your wellness journey. If you can't make the Open House, please reach out to Janet Robbins, Fitness Coordinator, to schedule a tour or find out more about this wonderful facility just minutes from your home! Email Janet at JanetR@kcranch.org, or call 303-979-2233, ext. 185.

# Hear what fellow residents are saying about the KCR Fitness Center:

"Through the diverse exercise class offerings and equipment, I was able to reclaim my heath and spirit after a life-upending brain surgery. More importantly though, I've gained a sense of community that enriches my everyday life beyond the boundaries of my neighborhood. Our Community Center, its programming and resources are truly are a gem of life at Ken-Cary!!" - Pam

"The Ken-Caryl Fitness Center offers a first-class facility equipped with top of the range machines and equipment - all within a few minutes' drive from home. Knowledgeable and friendly instructors are on-hand to offer advice and can tailor a

workout program to suit you and your ability, in a group, or one-on-one. I have been a member for many years and absolutely love the work outs and the camaraderie it offers."

"The word 'community' sums it up best for me. In addition to being a top-notch fitness center with state-of-the-art equipment and expert staff, the Ken-Caryl Community Center is just that, a community. Here, I get to work out with neighbors who have become some of my closest and dearest friends. In my opinion, this place is one of the gems of Ken-Caryl that makes living here so very special!"

"I first purchased a membership to the KC Fitness Center 12 years ago for the fitness classes and have never looked back! Although intimidating at first, classes are taught by knowledgeable instructors who offer modifications during routines with frequent 'reminders' for correct form to prevent injury. [Classes are taught] in a supportive atmosphere where workouts are fun, never the same and motivating. Especially now, my physical and mental health are important to me and I am ever so grateful for the clean facility and knowledgeable and friendly staff at the KC Fitness Center!"

- Cheri



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#### • Our Community

#### Guarding You and Your Financial Future: Resident Patrick Grant Hosts Financial Workshop

Patrick Grant, resident and Educator for the Guardian Group, will be leading two Retirement and Income Planning Workshops on Oct. 18 and Oct. 21 from 7-8 p.m. at the Ranch House, where his goal is to serve as a resource and advocate for residents to achieve their own financial goals, while simultaneously helping you achieve both personal and financial freedom. For more information on The Guardian Group, their resources and upcoming workshops, please contact Bobbie Gilbreath of the Guardian Team at bobbie@retireguardian.com.

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Life at Ken-Caryl October 13, 2021

#### De-light the Night to Take Delight in the Night

Article and photo submitted by resident Kathy Webster.

Residents that attended the Barn BrewHa in September, and stopped by the Dark Sky/Lights Out Colorado educational booth, learned that our Master Association has joined the International Dark Sky Association, and that our community has updated its Lighting Rules and Regulations.

Some residents had never heard of the International Dark Sky Association (IDA) with the dedicated mission of "protecting the night from light pollution." Our state's "Lights Out Colorado" (LOC) program is also dedicated to reducing light pollution with an emphasis on helping and saving migratory birds.

Young Brian and Jon Siebrase were helpers at the Dark Sky booth. Brian was especially good at educating residents about the importance of turning off outdoor lights so that birds do not get lost and confused during migration periods. As a result, a dozen residents signed the "Lights Out Colorado Pledge" to "take action to reduce light pollution, which will help migratory birds, save energy and money, protect the night sky and please neighbors."

Because these residents took the written pledge, their names were entered into a raffle to win Dark Sky-friendly products that were donated by The Home Depot. The Dark Sky-friendly products included motion-detecting light bulbs and hooded lanterns, timed dimmers and automatic lights-off switches. The lucky winners included Lisa Owens, Julie Synder, Jennifer Kidd, Bruce Nall, Jen Fullerton, Aimee Ellinwood, Erika Kranz, Carlos Sanchez, Danya Kroshus, Anna Allingham and

Deborah McCormick. These are your neighbors who have all pledged to reduce light pollution and follow the updated lighting regulations. They are leaders and role-models in our community's effort to reach Dark Sky status. We encourage others to follow their lead.

While parents attending the event were being educated on the importance of a dark sky, reducing light pollution and following the new rules, their children found their birth constellation by connecting the dots on a hand-out and then locating their constellation on a map of the night sky. The kids loved this activity and would go and find their friends and bring them back to the booth so that they could find their birth constellation. The kids also enjoyed solving the secret coded message, which when revealed read, "Lights Off, Stars On!"

The fall festivities were a success all the way around, especially for IDA and LOC. Great headway was made in educating residents on the benefits of reducing light pollution and following the new updated Lighting Rules and Regulations, by turning off all outdoor lights by 12 a.m., unless you are actively in the area. As Brian Yowell, Community Administrator, reminded us in a recent column featured in Life at Ken-Caryl, that "ignorance of the law is no excuse for breaking it.... our rules and regulations are not law, but they are pretty darned important and there are consequences for not following them." It is your responsibility as a resident to know the rules and follow them. We have all actively chosen to live in a community governed by an HOA. It is not a choice as to whether we follow the rules.

We should be proud that our Master Association has chosen to be a leader in the newest frontier in environmental conservation and preservation by joining



the International Dark Sky
Association and by updating our Lighting Rules and Regulations to support the mission of reducing light pollution and protecting and preserving our natural night sky.

There will be another educational booth at the Spring Extravaganza to further spread the word about reducing light pollution and protecting the night. If you would like to join or volunteer, or need more information before then, please contact Kathy Webster, resident, member and volunteer for IDA. You can also go



to darksky.org and lights-out-colorado. idacolorado.xyz/ for more information. Go to Ken-Caryl Ranch.org/download/ rules-regulations/ and look on page 17 for our updated community outdoor lighting rules and regulations.

Lights off, stars on!



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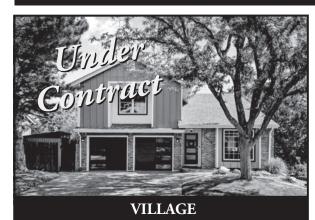
6 Life at Ken-Caryl October 13, 2021

# Eva Stadelmaier

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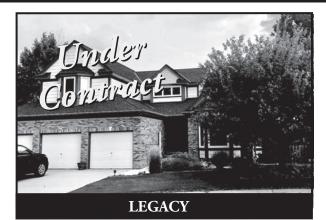


Feel free to reach out to me directly anytime to discuss the real estate market or request a free market analysis. I'm never too busy to assist you with the sale of your home or to help you find your next dream home.



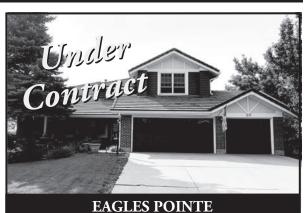
11573 San Juan Range Rd • \$699,000

5 Beds, 4 Baths, Updated Throughout with an Incredible Kitchen and an Open Floor Plan.



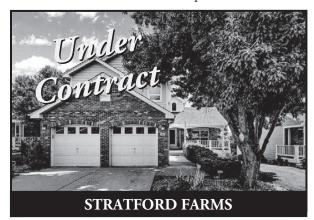
5 Summit Ash • \$1,250,000

5 Beds, Main Floor Master, Located on a Cul-de-Sac.



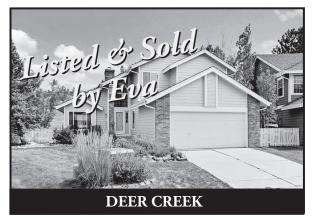
20 Lindenwood • \$1,250,000

5 Beds, 4 Baths, Located on a Quiet Cul-de-Sac and Backs to Open Space.



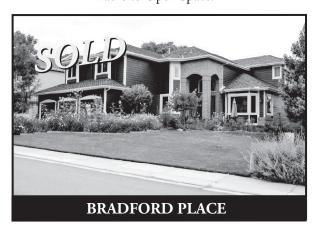
6 Blue Sage • \$925,000

5 Beds, 4 Baths, Located on a Quiet Cul-de-Sac.



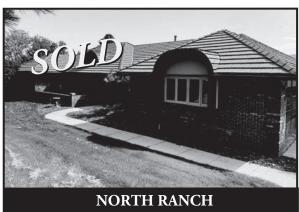
3 Long Spur • \$625,000

Multiple offers!

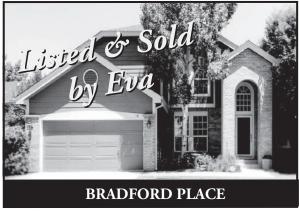


22 Sand Cherry • \$1,190,000

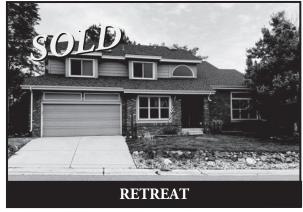
Sold significantly over asking price!



3 North Ranch Road • \$1,100,000



10 White Alder • \$899,000



8 Willowleaf • \$850,000

#### YEAR TO DATE SOLD BY EVA:

35 Pin Oak Drive 23 Tamarade 7666 Galena Peak

11104 San Juan Range Rd. 29 Honey Locust

14 Red Locust 15 Red Fox

43 Buckthorn

44 Blue Sage 16 Catamount Lane 7642 Sunshine Peak 3 Wren 81 Buckthorn 21 Amaranth

1 Amaranth

21 Prairie Clover 20 Buckthorn 10 Shining Oak

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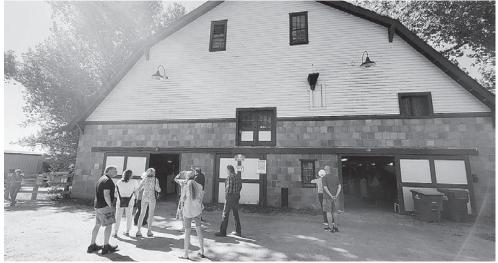
#### • Special Events

#### **Shaffer Barn Celebration a Success!**

Photos courtesy of resident and Historical Society member Pat Badolato

Ken-Caryl Ranch residents were treated to a celebration of the listing of the John C. Shaffer Barn (also known to residents as the "Main Barn" or "Dutch Barn") to the National Register of Historic Places on Sept. 25. Completed in 1922, the barn was a key component in Ranch-owner John C. Shaffer's plan to breed exceptional cattle capable of winning national competitions. He was very successful in this pursuit and Ken-Caryl Ranch earned an international reputation for its outstanding Hereford cattle, winning numerous awards.

As part of the celebration, residents and guests enjoyed a presentation at Dakota Lodge, hosted by the Ken-Caryl Historical Society, detailing the 100-year-old barn's history and why it is unique and qualified to receive the honor of being named to the National Register. The event also featured guided tours of the nearby barn, including its loft, which is normally closed to the public.





#### Halloween Boo Bash!

Calling all boys and ghouls! Mark your calendar for this year's Halloween event at the Ranch House, Oct. 22 from 5:30-7:30 p.m. We will be holding a trunk-or-treat where patrons and businesses can register for a car space and decorate their cars for some trick-or-treating fun! Prizes will



be awarded! The best decorated patron car will win a gift basket, including season swim passes for 2022, up to four family members (eligible for residents only). Bring your kids for a safe way to trick-or-treat from trunk-to-trunk in a family-festive atmosphere!

This event will also feature hot chocolate, a costume parade and horse-drawn wagon rides! Many thanks to our generous event sponsors, Platinum Sponsor Rob Stewart with State Farm, Gold Sponsors Susan Kutis with Blue Sage Dental and Colorado Credit Union, and Bronze Sponsor B.D.R.H Oil & Gas.

This event is FREE for residents to host a participating car, or to simply attend. Registration is only required for those who want to secure a spot for their decorated car in order to account for space. Businesses are required to register a car to participate in the event for \$50. For more information, and to register, please visit the Special Events page on our website at www.ken-carylranch.org.

Volunteers Needed! We are looking for volunteers to help with our upcoming holiday events. Please contact Kate McDonald katem@kcranch.org for more information!



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KimRachwalski@gmail.com



# HALLOWEEN BOO BASH!

FRIDAY, OCT. 22, 5:30-7:30PM
THE RANCH HOUSE

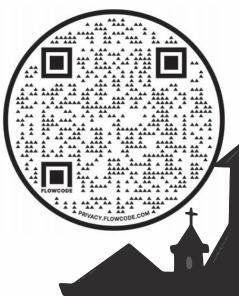
7676 S. CONTINENTAL DIVIDE RD.

Trunk or Treating, hot chocolate, 'smores, wagon rides and a costume parade.

# TRUNK OR TREAT

Businesses and community members pre-register your trunk today at www.ken-carylranch.org. The best decorated car wins a spooktacular prize.





Scan QR code. for more info.









B.D.R.H. Oil & Gas Owner Operators Lexi & Sami



www.ken-carylranch.org 303-979-1876 katem@kcranch.org





Ken-Caryl Branch 10026 W. San Juan Way, Littleton | 303.978.2274 CCU.Org

## Fairy Tale Ending

Helping our furry friends find homes

Every adorable, adoptable resident of Foothills Animal Shelter lacks only one thing: a happy home. Please consider adopting one of this week's featured pets:



Artie (#232946): Artie is a 5-year-old, male Labrador Retriever mix. This sweet boy is still a bit insecure about touch that he perceives to be punishing in nature, but he will appreciate a family dedicated to a positive approach focusing on a gentle, trusting and respectful relationship that will allow him to live the best life possible. Artie situationally enjoys the company of other dogs and may benefit from the presence of an amiable, mature canine friend who can show him the ropes. At this time, he will only be rehomed to a family with children aged 10 or older.



**Lulu (#233389):** Lulu is a 7-year-old, female cat. Lovely Lulu, with a blue-cream coat and sparkling emerald eyes, is an absolute charmer who enjoys a busy day full of exploration (and plenty of naps in a sunny spot) before settling in for a restful, snuggly evening with her favorite people. This sweet tabby enjoyed access to the outdoors in her previous home, and with thoughtful risk mitigation from a future family, may prefer a similar lifestyle. Her former owner reports that she has been a companionable housemate to an easy-going dog and, with time to adjust, has been successful interacting with other felines.

Visit www.FoothillsAnimalShelter.org to find out more about Artie, Lulu and other deserving pets in need of good homes.

#### • Picture This!

#### A Tail of Two Trails

This photo almost appears as a mirror image, as snapped and shared by resident Mike Miro of the Valley's Docmann Loop Trail.





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## **HALLOWEEN BOO BASH**

Friday, Oct. 22 • 5:30-7:30 p.m.
RANCH HOUSE

Bring your kids for Trunk-or-Treat, hot chocolate, costume parade and horse-drawn wagon rides!







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#### • Picture This!

#### Fantastic Fall!

Resident Tom Wilberding, and his wife Barb, enjoyed a fabulous, foggy, fall hike in the Ken-Caryl Valley, taking in the breathtaking views and fall colors! The couple hiked nine miles of our community's incredible open space!







# JEFF WILHITE THERESA SHELTON KATHY MIKS



PAID FOR BY: WILHITE FOR JEFFCO STUDENTS, SHELTON FOR JEFFCO STUDENTS, MIKS FOR JEFFCO STUDENTS | Registered Agents: Jeff Wilhite, Theresa Shelton, Kathy Miks



# RECREATION PROGRAMS & ACTIVITIES

Register online at www.ken-carylranch.org today!



#### **Special Events**

**Kate McDonald Aquatics and Community Coordinator** katem@kcranch.org 303-979-1876, ext. 131

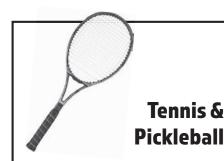
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Calling all boys and ghouls! Mark your calendar for this year's Halloween event at the Ranch House, Oct. 22 from 5:30-7:30 p.m. We will be holding a Trunk-or-Treat where patrons and businesses can register for a car space and decorate your car for some trick-or-treating fun! Prizes will be awarded for the best decorated car! Bring your kids for a safe way to trick-or-treat from trunk-to-trunk in a family-festive atmosphere! Stay tuned - more details will be posted to the Special Events page on our website as they become available! This event will also feature hot chocolate, a costume parade and horse-drawn wagon rides! Many thanks to our generous event sponsors, Platinum Sponsor Rob Stewart with State Farm, Gold Sponsors Susan Kutis with Blue Sage Dental and Colorado Credit Union, and Bronze Sponsor B.D.R.H Oil & Gas.

Volunteers Needed! We are looking for volunteers to help with our upcoming holiday events. Please contact Kate McDonald katem@kcranch.org for more information!

#### **Consider Being a Community** Sponsor!

Are you a business owner and interested in sponsoring one of our awesome community events? Sponsors not only support our community, but get great advertising benefits! Contact Kate McDonald for more information at katem@kcranch. org or 303-979-1876, ext. 131.



**Robert Campbell Tennis Program Supervisor** robert@kcranch.org 303-979-2233, ext. 202

#### **Evening Cardio Tennis!**

Get into the game! Ken-Caryl Ranch Tennis now offers evening cardio tennis sessions on Wednesday evenings in addition to Friday and Saturday sessions! Here's the game plan:

- Wednesday 6 p.m., 3.5+
- Wednesday 7 p.m., 3.0 and below
- Friday morning 8:00 am: level 3.5+
- Saturday morning: 8:00 am level 3.5+

at www.ken-carylranch.org.

#### Lights out at the Community

Outdoor nighttime tennis is now only available at the Ranch House courts. The Ranch House lights are operated on push-button timers.

#### **Fall Adult and Junior Tennis**

The next session of Adult and Junior tennis classes begins the week of Oct. 18. Registration is open and class schedules are posted to our website at www.ken-carylranch.org.

#### **Pickleball Mixers**

Mark your calendars for the next Pickleball mixer on Saturday, Oct. 16 from 6-8 p.m. Online registration is open.

- Friday morning 9:00 am: level 3.0 &

Be sure to mark your calendars! Online registration opens 48 hours in advance



From Boomer Fitness to H.I.T.T. it Hard to Zumba, we've got fitness classes that appeal to all skill and interest levels! For the latest fitness class information, class descriptions, schedules and to register, please visit our website at www.ken-carylranch.org!

#### **Ken-Caryl Fitness Open House!**

Mark your calendars and plan on joining us for the 2021 Fitness Center Open House, Nov. 6! Meet our instructors, tour our facilities, and enjoy contests, music, demos, and discover the wide variety of classes and fitness options sure to appeal to all fitness fanatics! See page 5 of this paper for more information.



KC

KC **Fitness** 

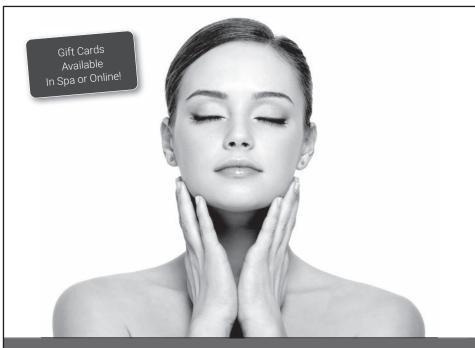
#### **Barre Above is Back!**

Barre Above is back! This class fuses the very best of Pilates, yoga, aerobics and strength training. The 8-week session runs now through Oct. 29, Friday mornings from 9:15-10:15 am. For more information, and to register, please visit us online at www.ken-carylranch.org.

The use of the weight room and cardio areas at the Fitness Facility no longer require pre-registration. All fitness classes still require pre-registration. If you have any questions, please contact the front desk at the Community Center at 303-979-2233.

#### **Fitness Classes & Personal Training**

Due to COVID-19, please visit our website for the most up-to-date information on classes, hours and fitness sessions at www.ken-carylranch.org.



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# RECREATION PROGRAMS & ACTIVITIES

Register online at www.ken-carylranch.org today!



Youth Programs

**Lizz Brock Recreation Supervisor-Youth Programs** lizzb@kcranch.org 303-979-1876, ext. 132

## **Now Enrolling in Turkey Break**

Break will be here sooner than we know it! Sign your school-age kiddo up for some fun this fall. Turkey Break Camp is located at the Ranch House with a scheduled off-site field trip planned each day! Find more information on our website at www.ken-carylranch. org and get registered starting today! Email youthprograms@kcranch.org with questions!

#### **Enroll Your Child in our Nature Enrichment Programs!**

Space is currently available in our fall Preschool Nature Enrichment Programs! These programs take place at the Dakota Lodge and are for children ages 3-6 and potty trained. This program is ideal for preschoolers, part-time kindergartners or students attending home school. Each week has a new and engaging topic to look forward to! Outdoor Discovery meets Mondays and Wednesdays from 12:10-3 p.m. This program allows your budding explorer to experience nature with experiments, hikes and opportunities to view wildlife in the community.

Art Ventures meets Fridays from 12:10-3p.m. This program brings opportunities for students to explore and connect to nature in new ways through artistic learning and outdoor exploration! For more information and to register, please visit our website at www.ken-carylranch.org.



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Youth **Programs** 

#### Story Time at the Ranch House

Join us for Story Time at the Ranch House, in partnership with Jeffco Public Library, each Thursday from 10:15-10:45 a.m. Due to community feedback, Story Time will take place outside of the Bradford room on the grass in front of the Ranch House until the weather forces us to move it inside.

#### **Ken-Caryl Ranch B&A Care Program**

The KCRMD Before and After Care **Programs serve Shaffer Elementary** and Bradford Schools. We strive to promote healthy development through experiential, explorative and fun opportunities! Register and pay only for the days you need each month. We also offer year-round care providing full-day care on most school holidays and breaks! Not only this, but the Before & After Care families that attend 8 times per month qualify as priority for summer camp registration. This means you can solidify your camp spots early! For more information visit our website or contact Lizz Brock at LizzB@kcranch.org.



Teen **Programs** 

#### **Babysitting Clinic**

This course is designed for pre-teens to help prepare them for those first babysitting opportunities. Students will learn to identify their own responsibilities and personal safety. Basic child care, including feeding, bathing and diapering will be covered. Participants will also learn basic child development and be able to provide activities for the many developmental stages. Home and fire safety and prevention and treatment of common injuries will also be covered. Ages: 11 - 14 years. Register at www.kencarylranch.org.

#### **At Home Alone Course**

Channel your child's inner Kevin McAllister with our At Home Alone Course – sans the traps! This course is designed for the 10–13-year-olds who will be left home alone for short periods of time. Outlined in course: Safe decision making, constructive time management and personal safety. The basics of first aid treatment and prevention for burns, cuts, fractures/ sprains and choking will be covered. Register at www.ken-carylranch.org.



**Kate McDonald Aquatics and Community Coordinator** katem@kcranch.org 303-979-1876, ext. 131

#### **Knitting for Everyone**

A knitting class for everyone, regardless of skill level. If you're brand new to knitting, this is a great place to start. If you've completed the Knitting for Everyone class, keep your skills sharp with some fun Holiday Knits that will challenge you. If you're an experienced knitter but want to move forward and make some fun colorwork patterns, join this session and you'll have fun creating knit items that you'll be proud to gift. You'll have access to several patterns designed by the instructor to teach you all the important techniques that a knitter needs to know. If you want, you can select a pattern to work on from another source and have help from the instructor. Have fun meeting new people and learning how to knit. Register online at www.ken-carylranch.org.

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 Life at Ken-Caryl 13 October 13, 2021

#### Building Resilience Post-COVID

By Dr. Anat "Nati" Geva, Psychologist with the HealthONE Behavioral Health & Wellness Center

To call this last year and a half "challenging" is a gross understatement. We've faced fear of the unknown, isolation, restriction and disruptions of routine – to name but a few challenges – and yet, we have made it through to this point. There is no doubt that we have been tried and stretched, and with that, it is because of our strength and our ability to cope and adapt that we've been able to get through some of the darkest times of our lifetime. In the midst of the chaos and massive loss, we have been able to stay strong, hold onto hope, and continue to take the necessary steps that help us in the moment and pave a path towards a better future.

No matter how well prepared we felt we were, COVID and its long-reaching effects caught us all off-guard. The newly instated health and safety measures meant to limit COVID-spread had the inadvertent effect of limiting our usual means of self-care and stress-relief - entertainment venues such as sporting and music events were temporarily forbidden, places of socialization and congregation were closed indefinitely and all but the bare essentials were prohibited, however, even those carried burdens of stress and risk. Those less fortunate and or privileged - be it due to life circumstances such as physical or mental illness, or bias and societal inequities – who were already spread thin pre-COVID, were hit the hardest.

In hindsight, the upsurge in depression, anxiety, substance use, and other behavioral health concerns that mental health professionals were noting shouldn't have come as a surprise. People were reporting increased levels of distress, and difficulties at home and at work, on top of the health-worries and financial hardships the pandemic caused. The prolonged state of uncertainty has taken its toll on our reserves, and with no end in sight, motivation became hard to leverage towards healthy coping skills and strategies.

While the task can be daunting, we have all the capacity to bounce back. Resilience is a skill, and the more we practice it, the better we get at it. Not only can we get back to the way things were, but with determination and commitment, we can become even stronger and better than before. Working our resilience muscles will help us not only get through this current crisis, but shield from future adversities.

Building resilience means gradually working areas of relative weakness in our lives through deliberate practice. Since some of the most common areas of life that people let go of when experiencing stress include care for our physical body, connection and our emotional and psychological wellbeing, it only makes sense that these are likely to be areas that would benefit from attention and care.

Start with what has already worked for you and capitalize on it – perhaps it is the view of a sunset on a hike with loved ones, a warm dog kiss, a child's sleepy

# Interested in Advertising in Life at Ken-Caryl?

Advertising information is available at www.ken-carylranch.org under the Community & News section.

**Display Advertising & Classifieds** 

Kristen Peterka kristenp@kcranch.org 303-979-1876, ext. 109



"I love you", for others, it's the sense of mastery and competence that comes from completing a home-maintenance project, or a particularly challenging workout. Expanding those things that have given you joy, a sense of control and power, can jumpstart the momentum needed to take the next step, and the next step after that.

Reminding ourselves that set-backs are part of the process of change can take the sting and frustration out of lapses, and help us get back on course quicker.

For those who struggle with mental health symptoms that do not improve despite their best efforts at self-help, expert help is both available and



accessible. HCA has expanded services to support the Ken-Caryl community with our HealthONE Behavioral Health and Wellness Center in Meadows Plaza. The program includes both adolescent and adult programs. You and your loved ones do not have to suffer alone.

It's never too early or too late to take the kind of action that is going to bring us a sense of empowerment, control and satisfaction – one that will long term enhance our wellbeing. From wherever you start and wherever you find yourself, it's always only one more step. Go ahead and take it. We're rooting for you.

For more information, contact the HealthONE Behavioral Health and Wellness Center at 303-368-2080 or healthonecares.com/balancedwellness.



## Improving Children's Vision, One Child at a Time

There's something for everyone at Ken Caryl. The community and surrounding region are home to an array of amenities. However, there's one thing that's been missing until recently—an eye care practitioner certified to offer the nation's first FDA-approved1 contact lens proven to slow the progression of myopia or nearsightedness in children between the ages of 8 and 12 at the initiation of treatment.

As the global pandemic escalates and kids are spending more time on digital devices, parents' concern about their children's vision are rising. In what is certain to be good news for families, a local optometrist is now offering life changing treatment to help improve children's eye health. Dr. Beth Seidman, OD, of Eyecare Center of Ken Caryl, is now a certified Brilliant Futures Myopia Management Program prescriber of MiSight 1 day contact lenses.

Like much of the world, myopia is on the rise in the United States and becoming more severe. More than 40 percent of Americans are myopic. That number is increasing at an alarming rate, especially among school age children. According to the latest findings from the landmark CooperVision MiSight 1 day clinical study, nearly one in four children's eyes originally fit with MiSight 1 day remain stable for myopia after six years. 3

Over the past year, myopia management has become mainstream practice among the country's best optometrists with a scientifically proven product. Dr. Seidman joins more than 1,500 fellow eye care practitioners who have become certified Brilliant Futures™ Myopia Management Program prescribers, with the number of children enrolled growing by the day.

To learn more about the Brilliant Futures Myopia Management Program, contact Eyecare Center of Ken-Caryl at 8321 S Sangre Drive Cristo Rd Littleton, CO 80127 303-973-6333



Myopia and nearsightedness are one and the same.

Together, we can stay at the forefront of myopia.

· Schedule an Appointment ·

CooperVision\*

BRILLIANT O FUTURES

[1] Indications for use: MiSight® 1 day (omafilcon A) soft (hydrophilic) contact lenses for daily wear are indicated for the correction of myopic ametropia and for slowing the progression of myopia in children with non-diseased eyes, who at the initiation of treatment are 8-12 years of age and have a refraction of -0.75 to -4.00 diopters (spherical equivalent) with  $\leq$  0.75 diopters of astigmatism. The lens is to be discarded after each removal.

i1Compared to a single vision lens over a 3-year period. 2 Cooper, Y. (2019, May 1). With Childhood Myopia Rates on the Rise, the American Optometric Association Highlights the Importance of Early Intervention through Annual Eye Exams. Retrieved from https://www.aoa.org/newsroom/myopia-rates-on-the-risesyym

3Chamberlain P, Logan N, Jones D, Gonzalez-Meijome J, Saw S-M, Young G. Clinical evaluation of a dual-focus myopia control 1 day soft contact lens: 6-year results (2020 American Academy of Optometry Annual Meeting).

4Chamberlain P, et al. A 3-year randomized clinical trial of MiSight® lenses for myopia control. Optom Vis Sci. 2019; 96(8):556-67.

#### • Picture This!

#### **Our Rising Generation**

By Deanna Miller, Resident

Recently scouts attended the Fall Camporee at beautiful and historic Camp Tahosa. Scouts participated in shooting and canoeing activities and enjoyed the wonderful fall weather. Scouts even had the excitement of watching a moose and her babies walk through their campsite!

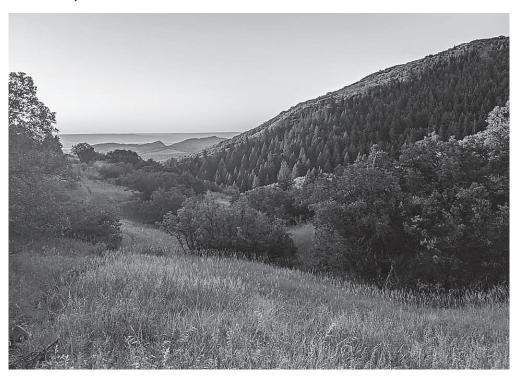
If your son or daughter is interested in joining Troop 686, please contact Marisa Famariss at famariss4@gmail.com. The troop meets every Wednesday at 7 p.m. at Heritage United Methodist Church.





#### **Sensational Sunrise**

Resident Marlo Hughen captured a breathtaking sunrise during a hike in the Ken-Caryl Ranch Valley.



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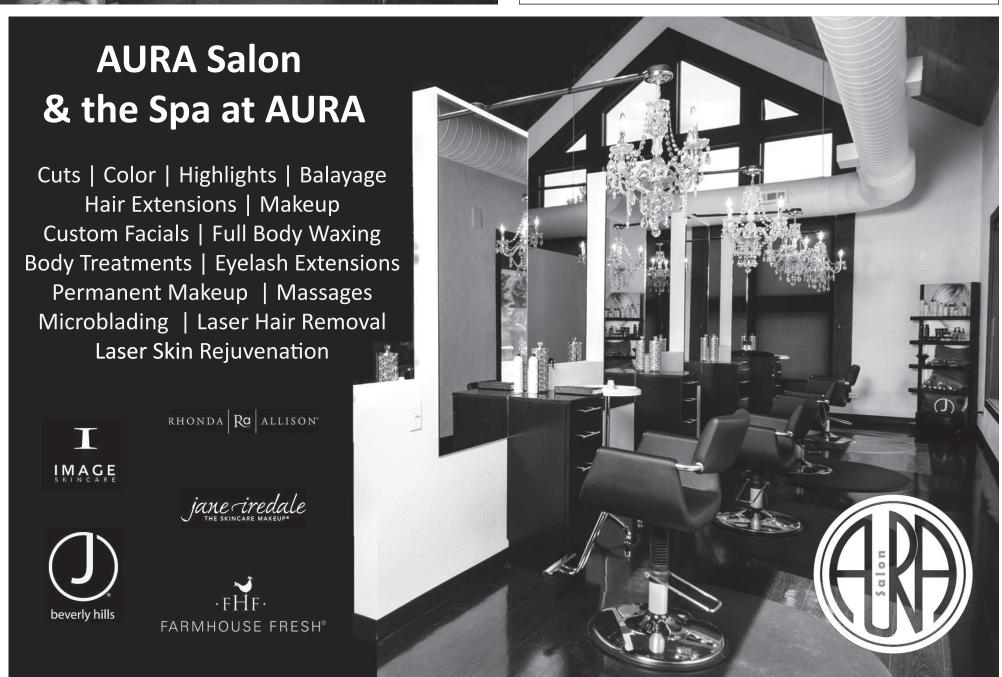


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Mastodon fossil.

#### Ken Caryl's Mastodon

By Joe McCabe, Resident, Historical Society Member

You might not know this, but Ken-Caryl used to be the home of mastodons. How do we know this? Because in 2009, a mastodon mandible (jaw) and dentary (teeth) with part of a tusk were found in our hamlet. The pieces are now housed in the Denver Museum of Nature & Science where KCR had donated the pieces in exchange for a casting. The casting can be viewed at the Ranch House. It is larger than you might think. Demonstrating just how big these animals were who roamed here many tens to hundreds of thousands of years ago.

The mastodon is approximately 435 mm long X 310 mm high (17.1" X 12.2"). A small sample was cut out of the fossil to try and carbon date, but apparently the fossil is much older than carbon dating can determine. (DMNH 58820 sample number).

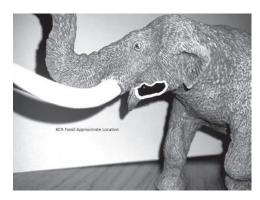
#### What is a Mastodon?

The average body size of the species Mammut americanum, an extinct group of proboscideans belonging to the family Mammutidae, was around 2.3 meters (7

feet, 7 inches) in height at the shoulders, corresponding to a large female or a small male; large males were up to 2.8 meter (9 feet, 2 inches) in height. Among the largest male specimens, the 35-year-old AMNH 9950 was 2.89 meters (9.5 feet) tall and weighed 7.8 tonnes (7.7 long tons; 8.6 short tons), while another was 3.25 meter (10.7 feet) tall and weighed 11 tonnes (11 long tons; 12 short tons). Like modern elephants, the females were smaller than the males. They had a low and long skull with long curved tusks, with those of the males being more massive and more strongly curved. Mastodons had cusp-shaped teeth, very different from mammoth and elephant teeth (which have a series of enamel plates), well-suited for chewing leaves and branches of trees and shrubs. Mastodons are typically depicted with a thick woolly mammoth-like coat of hair, but there is no preserved evidence for

#### **Restoration of an American Mastodon**

And here is a model of one, which has the location of the KCR mandible and tusk sketched into it to see where these pieces fit in the big picture.



#### How Old is the Mastodon Fossil?

The question is, how old is this KCR fossil? That is a little bit hard to answer. Mastodons are believed to have gone

extinct 10,000 to 11,000 years ago. Originally, the fossil was believed to be from the late Pleistocene era. Late Pleistocene is described as being 126,000 to 12,000 years old. That is a big range in years. After the KCR fossil find, many more mastodon pieces were found in Snowmass. These Snowmastodon fossils are more than 70,000 years old.

This video was helpful to me on how Snowmass was dating their finds: https:// youtu.be/oU3NsMMemB4?t=1211. However, I think there aren't solid reasons (proximity, stratigraphy, geomorphology, etc.) to believe that the Ken-Caryl 2009 specimen is the same age as any of the Snowmass specimens, which actually span a range of ages. If Snowmastodon site hadn't been discovered, the Ken-Caryl sample would have gotten more attention. It is good that Snowmass was found, and can be excavated more if the town of Snowmass chooses to do more digging.

As can be seen in the KCR fossil, a piece was cut out, possibly to carbon date the fossil. No data is available on the testing, but I'm still looking into any information that can be found. It is possible that carbon dating didn't work because the fossil is too old for that dating technology.

Bottom line is that the KCR fossil is likely to be over 50,000 years old, to as old as 2.6 million years old, which would make it from the start of the Pleistocene epoch.

A photo of KCR fossil can be found at https://www.westernsciencecenter.org/ blog/2016/07/16/mastodons-of-unusualsize-denver-museum-of-nature-andscience.

#### **Equus**

Another find within the KCR fossils might be interesting to the horse people of KCR. There was an equus tooth fragment (right) found, which most likely is from the same period as the mastodon. Equus, or horses,

have been in KCR for a long, long time.

#### **Field Trips**

A fun, quick field trip would be to go to the Ranch House and see the mastodon casting on display. It is big!

There is also a free dinosaur walk on the east side of Red Rocks Entrance #1 with free parking where you can walk up and down the road and see fossils still in the rocks. There are footprints and indentations of dinosaurs in the rocks.

And of course, a trip to the Denver Museum of Natural History is a perfect way to learn more about natural history. It is interesting to see the history of the animals who previously called KCR home; the mastodons, to equus and the earlier dinosaurs. Thanks for help from the DMNH, without which we would know very little history of the area.















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#### KCR Tennis' Spectacular Summer Season!

Many thanks to all of our incredible resident players and coaching staff for an incredible Summer 2021 Tennis Season!



Junior Team Tennis (JTT), from left, Eden Firestone, Ava Weddon, Avery Mason, Addison Firestone, Molly Mason, Kade Stander, Ella Weddon and Coach Leslie Davis. This season, KCR Tennis sent six JTT teams to the playoffs!



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Brian was just lovely to work with. He came to us as a referral from a friend and we are glad we had him as a realtor to navigate buying a house in the crazy Denver market during a pandemic. Brian was always responsive, did his research, and was strategic in his efforts to ensure we were maximizing value. This was not our first home buying experience and I can say that he's been one of the best, if not the very best, we have worked with.

- Vivienne C

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Susanna Evans and Amy Clarke take 3.5 Doubles Tournament Champions at Colorado Athletic Club Monaco.

#### • Picture This!

#### A Path Well Traveled

Resident Wayne Broussard took this fantastic photo of a winding greenbelt in the Plains.





#### Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe.

To sign up for the e-News, go to www.ken-carylranch.org and fill out the e-News sign-up form on the home page or send an email to allisonh@kcranch.org.

# Follow Ken-Caryl Ranch on Twitter

Check it out at: http://twitter.com/kencarylranch

**LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED** from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words—and must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date, but the day can vary due to holidays. Deadline dates can be found at www.ken-carylranch.org.

At present, the method for submitting letters to the editor is by email to Allison Hefner at Allisonh@kcranch.org. A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt.

We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the author's name and "Ken-Caryl Resident" or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters will be printed on a space available basis and may be edited. Editor retains right to appropriateness and content. Letters will be published with plain text; use of all caps, italics, bold or excessive exclamation points will not be allowed.

Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word.

Email to allisonh@kcranch.org. Deadline for Oct. 27, 2021 issue: Oct. 18, at 5 p.m.

#### Dear Editor,

The Master Association recently shared a video produced by the excellent KCRHS showing the ravages of the Murphy Gulch fire. Everything I have seen from the KCRHS is exceptional. I noticed in the video how many volunteers came out to fight the fire at that time. Watching the video, the volunteers made the difference; helping each other and saving the environment from more destruction. It's a compelling story of how volunteers can come together for the greater good.

I constantly hear that we do not have

enough money to fund various projects and I am dismayed at broken promises. We certainly pay enough in taxes and dues and that everything in our neighborhood should be kept and updated in a manner according with the community we live in - our money is not well managed or spent. I am a firm believer in volunteer work and have seen firsthand how volunteer projects can build community by bringing people together and at the same time, save money instead of outsourcing. I have personally worked on many environmental protection and neighborhood improvement projects in the neighborhood and have had some of the best times doing so. The last major volunteer project was in 2014, and I have asked for more projects like this, but unfortunately, our volunteer opportunities are in severe decline.

We have many excellent organizations and incredibly talented and dedicated community. Let's roll up our sleeves and get to work building the neighborhood we want. The fire dangers and environmental challenges are as prevalent today as they were when the Murphy Gulch fire started. Instead of trying to find differences, lets

What's Going on in Deer ...?

• Picture This!

instead focus on our common goals. Work, accomplishment, and the satisfaction from doing them, are things that can help us build both a better community and better bonds at the same time. If you find yourself with time on your hands then step up and offer to volunteer – volunteer at the school, volunteer to maintain open space, volunteer to help your friends and neighbors. As mom likes to say, "idle hands are the Devil's workshop."

Tim Berg, Resident

#### To the Editor,

In the last issue of LAKC, a resident attempted to degrade the valid reasons for the Stove Prairie reroute. Trail design should not be a political issue, but a technical one. This reroute was first proposed in 2019. Since then, the Volunteer Trail Coordinators (VTCs) have been consistent with the reasoning behind the proposal. The Stove Prairie reroute follows the same logic as the Lark Bunting - Lyons reroute completed in 2020: the trail slope significantly exceeded the KCR trail criteria and required frequent maintenance to keep it in good condition.

Both trails could be rerouted to avoid these steep slopes. By rerouting, the community could avoid continual maintenance and reduce erosion, while improving sustainability. The reroute would create an improved user experience for all users, not just bicyclists. The "only for mountain bikers" narrative is simply politically motivated. The same residents opposing the Stove Prairie reroute didn't oppose the other reroute, yet it was done for the very same reasons.

Not every steep trail within the community can be rerouted to be more sustainable, but where the opportunity exists, we should take it. Continually throwing money at this to keep an unsustainable alignment is not a prudent expenditure of our limited resources when it can easily be rerouted.

We are fortunate to have such experienced and conscientious VTC's leading this effort. The two VTCs have formal training in trail design and have a combined 35 years of trail design and construction experience.

The issue of changing the view of a few residents whose properties back to this existing trail is perplexing. There is an existing trail there and the proposal moves the trail further from the property boundary. Moving the trail further away from the property boundary may change the line of sight for a few, however generally speaking, moving the trail further away would make it less visible to the vast majority of the property owners backing to the existing trail.

Conservationists, environmentalists and outdoor enthusiasts alike should embrace this reroute! Replacing an ineffective and unsustainably steep trail with a properly designed trail is true sustainable and financial stewardship.

Brent Flom, Resident







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You can download a contract and view deadline dates at www.ken-carylranch. org under Community & News, then Newspaper: Life at Ken-Caryl. The deadline for placement of classified advertising is 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date. The deadline date is sometimes early due to holiday schedules. Cost is \$.25 per word for residents or \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. Please call 303-979-1876 ext. 109 or email kristenp@kcranch.org for more information.

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Ava Yaley The Ken-Carvl Ranch Maste	970-946-8955 er Association has not screene	B, P ed or run backgroun	13 d checks on	Carriage Hill these teens and makes					

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.

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ADULTS NIGHT

KIDS DAY TRUNK OR TREAT SATURDAY Friday OCT. 29TH 7:30 - 11:00

10488 W. CENTENNIAL ROAD LITTLETON, CO 80127

Come Dance to Thriller and The Monster Mash. Crawl on over to our Halloween Bash. Ghosts And Witches and Monsters Too. They're all invited and so are YOU



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# SPEND YOUR HALLOWEEN WEEKEND AT BEHIND THE SCENES!



Diamond Fire Protection





BEHIND THE SCENES TAP HOUSE'S CONTROL OF STAP HOUSE'S



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SATURDAY OCOTBER 30TH 3:00 - 7:00

PRE REGISTER YOUR TRUNK BY 10/14
AND GET A FREE TIX TO OUR
"NIGHTMARE ON CENTENNIAL STREET"
COSTUME PARTY

BOUNCY HOUSE - TRUNKS - VENDOR BOOTHS FOOD SPECIALS - GAMES - ACTIVITIES - FACE
PAINT - BALLOON ANIMALS - CHARACTER
ARTISTS - HOTEL TRANSYLVANIA SHOWING TRACKLESS TRAIN - AX THROWING



REGISTER YOUR TRUNK AT
WWW.REELFACTORY.NET/EVENTS
OR CALL 720 709 4474



(b) Life at Ken-Caryl October 13, 2021